LASIK, epiLASIK and ICL
How to select the right procedure to correct your vision

There is a range of different surgical solutions to treat your short-sightedness, astigmatism, long-sightedness or presbyopia which is the age-related loss of ability to focus on near objects.

Bladeless LASIK
A well-known method, bladeless LASIK is a painless ten-minute procedure that corrects your eyes' power by re-shaping the cornea. It is a non-invasive procedure which is considerably affordable among other refractive eye surgery methods. Although no lifetime follow-up is needed and clear eyesight resumes within 24 hours of surgery, temporary dry eyes and haloes effect can be expected for two months post-op. LASIK is approved by the Food and Drug Association (FDA) for people 18 years and older, with no upper age limit. This procedure is unsuitable for people with cataracts.

epiLASIK and LASIK
Also suitable for people aged 18 and above, epiLASIK and LASIK are alternatives to LASIK and suitable for people with thin corneas. epiLASIK uses a blunt blade while LASIK is bladeless. They remove less tissue but require a longer visual recovery time of one to two weeks. Discomfort, swelling and tearing in the eyes can be expected for 3 days, as well as temporary dry eyes and haloes effect for two months post-op.

Implantable Contact Lens (ICL)
An invasive method that costs more, the ICL procedure implants a collamer lens into the eye. It is suitable for people with very high spectacle degrees or very thin corneas. Clear vision resumes within 24 hours and lifetime follow-up is recommended until the lens is removed because of the rare chance of complications like glaucoma and cataracts. Temporary dry eyes and haloes occur to a lesser extent post-op. The FDA-approved age for ICL is 21 to 45 years old.

Intra-ocular Lens Implant
Intra-ocular lens implant is appropriate if you are suffering from presbyopia or cataracts, as you will not be suited for the aforementioned refractive eye surgery procedures. Unlike ICL, this procedure involves the replacement of the natural lens in your eye with the intra-ocular lens implant. Do take note that you have the option of the bladeless femtosecond laser cataract surgery if you are suffering from cataract.